

the Outward Post

April, May & June



Cycling 2700 Miles To Inspire Youth Of Color - Images from the Road

by Aileen Soto

Back in January we ran a story about Jonny Altrogge raising money for a 2,700 mile bike trip riding the Great Divide, as part of a quest to get students to push themselves past self-imposed boundaries.

Thanks to generous personal donations and a few corporate sponsors, Jonny exceeded his fund raising goal and set off from Banff, Canada on June 22, 2019. A month later, he is passing through Colorado. As of July 23 he will be officially on his last stretch in New Mexico! He has LESS than 700 miles to go!

Here are some photos of Jonny's excellent adventure:



Photos courtesy of Aileen Soto & Olivia Shea.

New Staff Training, Macaulay and Various Summer Moments Captured in Photos

Photos courtesy of Badari Ambatti, Jessica Barden and Jillian Rubio

Field staff (with a few office staff sprinkled in) in action at Macaulay and at new staff training. Welcome to our new and returning Field Staff members: Alfonso, Fernando, Griffin, Jacob, Jonah and Tess.



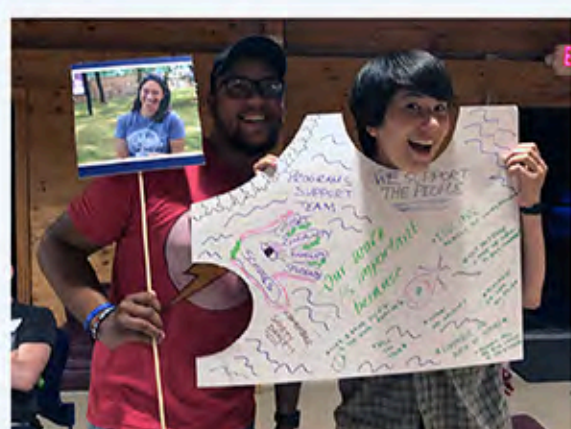
Fernando and Jonah with a lot of rope.



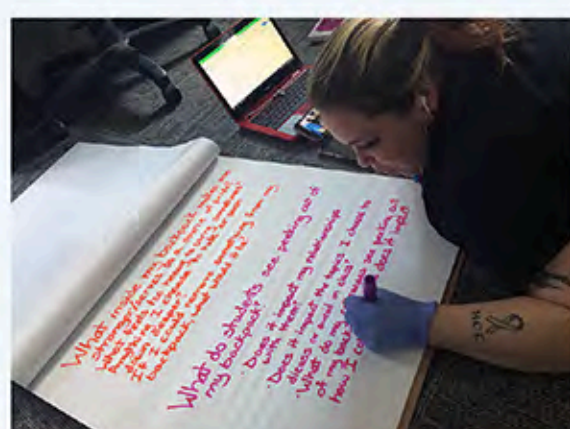
Griffin and Carmen defying gravity.



Wil, Amy and Aileen, all smiles for the camera.



Heather, Joel and Mylo fit together like puzzle pieces at the Community Meeting.



Evee showcasing her excellent penmanship while assisting during MAC and Secondary.



Crew 101's closing circle. Crew 101, facilitated by Christian, Edi and Leah, was a 1-day professional learning workshop for new Crew Advisors at our Network and Select Strategy Schools.



Birthday celebration with cake and pie. Yum!



WHEELS Graduation on National T.V.

by Helen Frank



On June 26, 2019 our WHEELS 8th graders celebrated their moving up ceremony on the Today Show. [Check out the video here.](#)



Crew Olympics in Photos

by Hilary Rosenfed

On May 29, 2019 we hosted Crew Olympics. Here are some photos of crews in action with their Design Principles creations.



Photos courtesy of Hilary Rosenfeld.



Hanging Out: A Tale of Fear and Fearlessness

by Olga Daniel

One fine day in May Jeff Grinnell, King of our Climbing Wall, invited me "to get thrown off the roof." Who could refuse such an appealing invitation? Me. But as they say, curiosity killed the cat... so I apprehensively went on up and Beth Gerbe eagerly joined me.

Carmen Acuna, Jonny Altrogge and Amy Johnson were up there with Jeff. As they tangled with the ropes, Beth and I stood to the side, looking and listening. We peered over the roof's edge like cats teetering on the edge of a swimming pool – curious enough to touch with the tip of our paws, but shaking off the horrifying water and backing away once we realized the surface was not solid. We talked about whether we might take the plunge, and the consensus was the kind of maybe that generally means no.

After Amy stepped over the edge, I went downstairs and took some pics of someone much braver than I. Perhaps one day it will be me. Probably not.... but maybe.

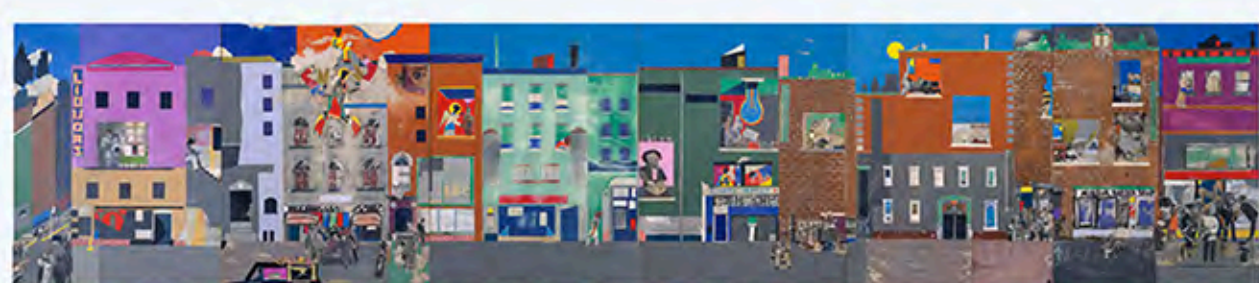


Fifty Shades of Twinning

by Hilary Rosenfeld & Lora Nelson



Hilary Rosenfeld and Lora Nelson: Shades of Gray... with headpieces.



NEIGHBORHOOD ART ENTERTAINMENT

Tiny Beta - Carmen Acuna's Handmade Treasures for Climbers

by Olga Daniel

Did you know Carmen Acuna is not only a climber but also a sculptor and designer who makes and sells tiny climbing shoes? Her hand made, one-of-a-kind mini sculptures can be used on a key chain, worn as charms, dangle from your purse, back pack or anywhere else you want to add a little climber's flair.



Each charm is hand sculpted and one-of-a-kind. She also does custom orders, and can design your favorite shoe from photos! Check out more designs in her Etsy shop [TinyBeta](#).

Visit [TinyBeta](#)

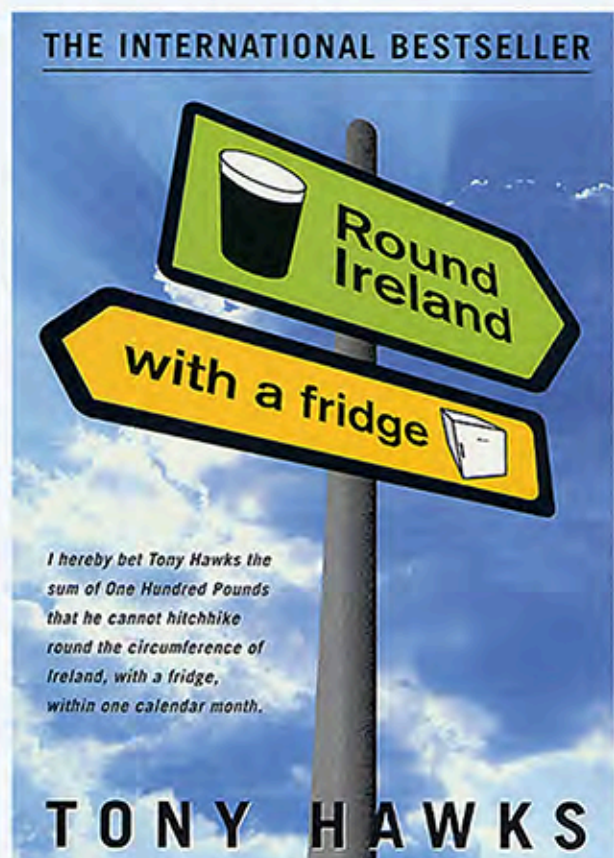


BIAGGI UNBOUND

Book Review: Round Ireland With A Fridge

by Hector Biaggi

It's part of the human condition to have harebrained ideas. Whether it's the person who invented the wheel, or the person who first had the idea of a toga party, people have found ways to create something out of nothing. Usually, we only ever act on the ideas that fulfill a purpose, but that doesn't mean that we can't enjoy a toga party every now then. This is all to say that I read a book a recently; one that perfectly encapsulates our natural drive to do silly things. In Round Ireland with a Fridge, Tony Hawks goes through with his own harebrained idea, just for the sake of doing it.



Round Ireland with a Fridge is about, well, just what the title says. One evening, Tony Hawks (no relation to the skateboarder) makes a drunken bet with a friend that he can hitchhike around the entire country of Ireland with refrigerator for the princely sum of £100. Instead of shrugging the idea off, Hawks commits to it. This book is a memoir of all the places he visited, the people he's met, and the difficulty of hitchhiking with a fridge. And to clear up any confusion, yes, this is nonfiction.

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It's a simple tale about a simple man with a simple fridge. The book goes through Hawks's thinking, from the initial giddy enthusiasm of doing something nobody else has ever done before, to the stark realization at how truly stupid he was to commit to such a journey. It is impossible not to empathize with Tony as he has to elaborate again and again that, yes, this is his fridge, and, yes, he is hitchhiking around the country with it.

But the best part about this book is not laughing at Tony's misfortune, but smiling at all the people who rally behind him. Where there are plenty of people in this world who scoff at a dumb idea, there are an equal number of people who will do everything possible to try and help. 'The Fridge Man' becomes a radio story broadcasted to the entire country, and people start clamoring to offer up free lodging and meals just to see the famous fridge. And thanks to those people, Tony and the fridge continuously find themselves in crazy situations, which only adds to the charm of the story.

For those who want a lighthearted and heartwarming read that will have you laughing every other chapter, or even for those who just want a snippet of Ireland from the comfort of their quarantine, then I highly recommend this book. Round Ireland with a Fridge is a testament to pointlessness, and how a stupid idea can energize the best in people to make it a reality.

Editor's note: I was so intrigued by Hector's review that I started researching Tony Hawks. I found this Ted talk about his trip incredibly inspiring!



To Binge, or Not to Binge, There is No Question: We're Binging

by Olga Daniel

The Pros and Cons of television have been weighed, discussed and debated... but now that we are confined to our homes, whether or not we "believe in TV", we are binge watching our little eyes out. Our conversations almost always include "what good binge watches can you recommend?" followed by "What is it on? Netflix? Amazon? Hulu?"

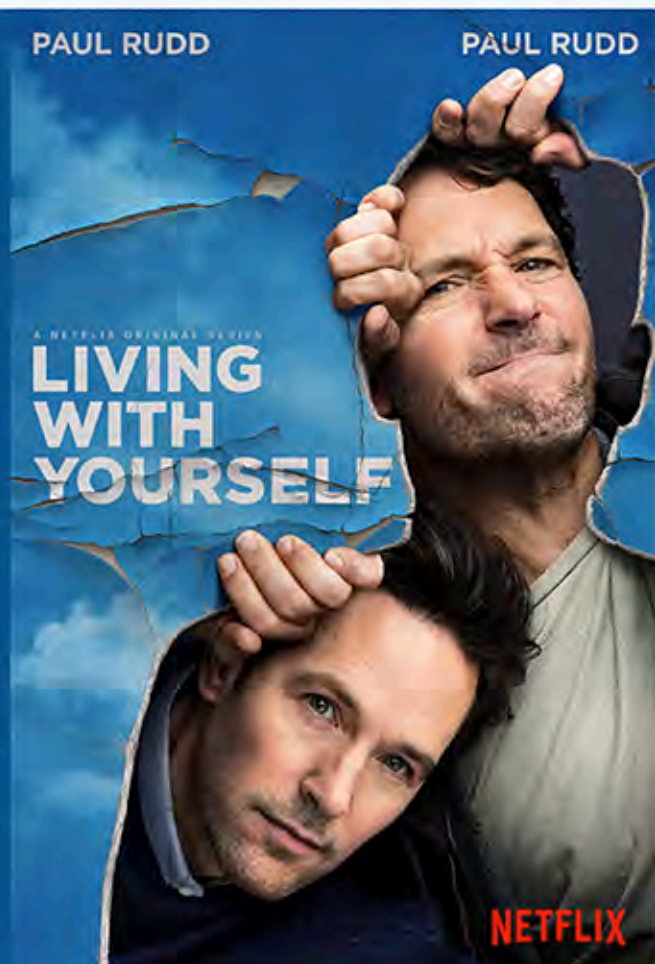
I'm not reviewing shows, I'm just sharing things I've watched and feel are worth watching. Please be inspired to share your favorite binges! Send recommendations along with a few lines about why they exited/ moved/ interested you so I can share them in the next newsletter – because everyone loves a good binge.

Living With Yourself

Who doesn't love Paul Rudd? Living With Yourself gives you a double dose of Paul, as well as a good laugh. I had no idea what it was going to be about when I started watching; I tuned in purely for Paul.

The opening scene had me immediately wondering "huh?" and within 60 seconds I was laughing. I can't guarantee this will happen for you too, but I was intrigued and made happy enough to continue watching. I'm so glad I did.

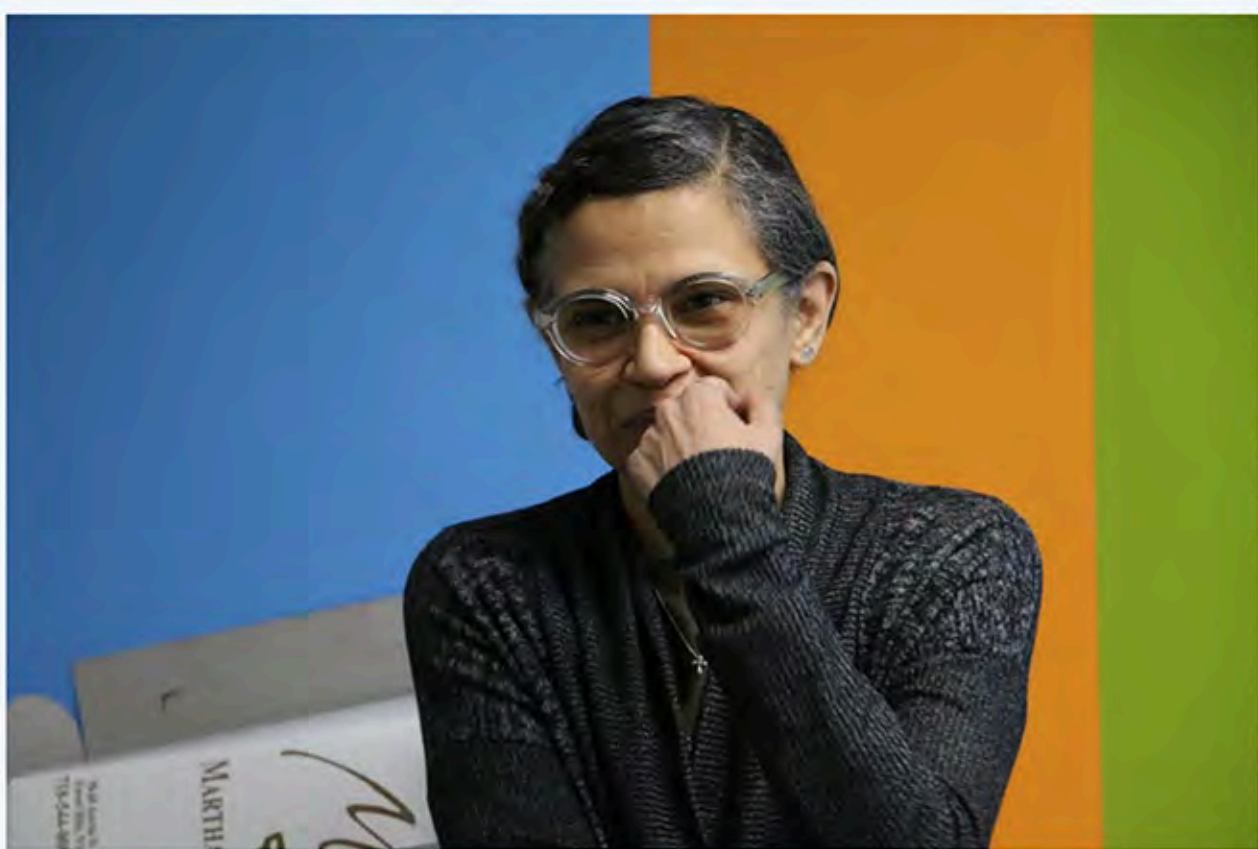
It is only one season (8 episodes) but has an ending that leaves things open. Even though I'd like more episodes, I don't think there are going to be any, and that's okay because the story wraps up well.





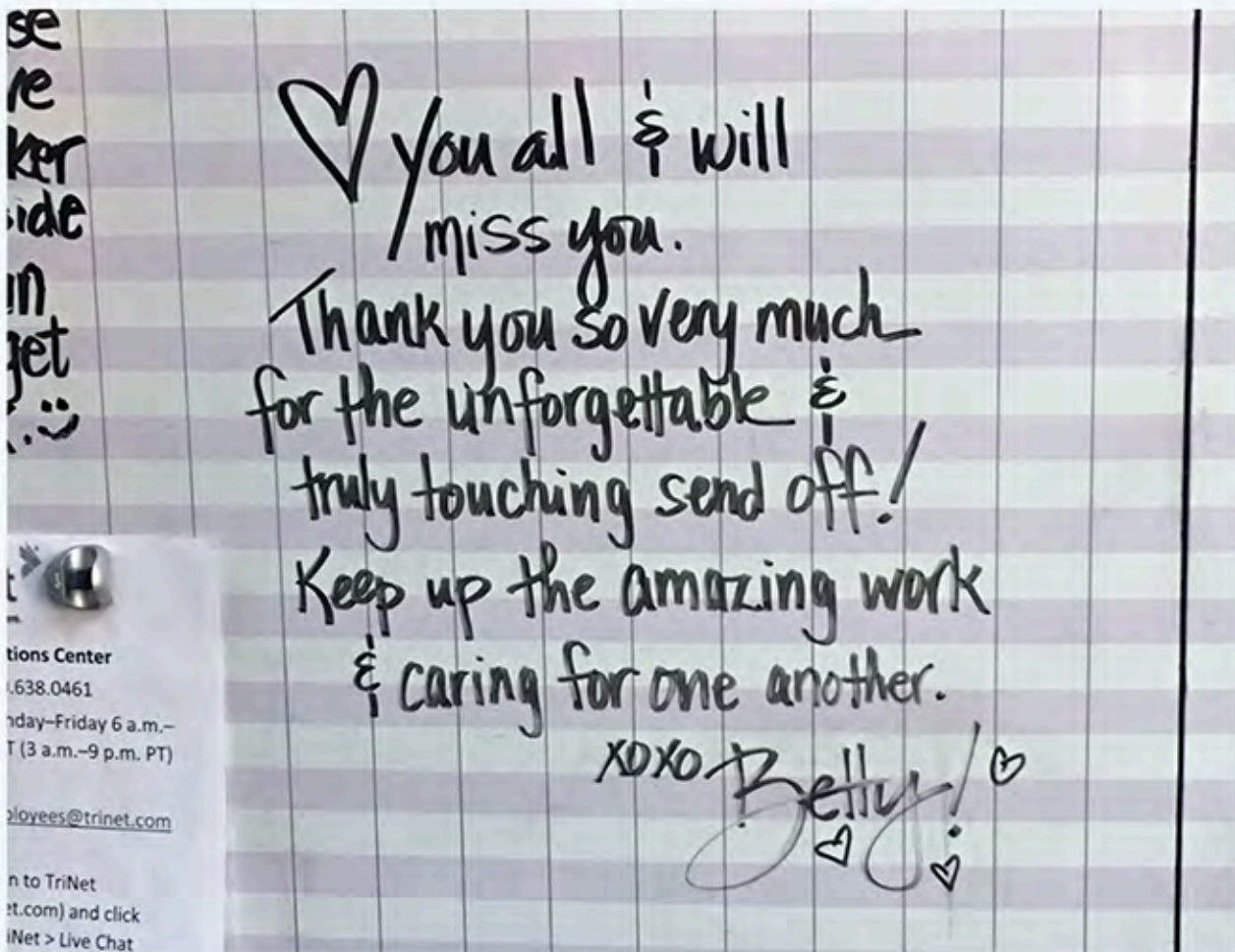
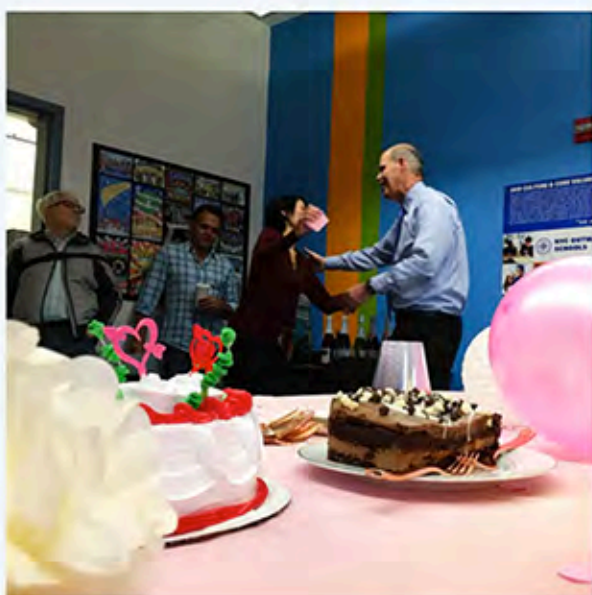
Farewell Maria Davis

In mid-February we held a going away party for Maria Davis. During her 5 years here, Maria implemented many procedures that have increased the efficiency of office operations. She has been a caring friend and colleague to many. All the best wishes to Maria as she moves forward.



Farewell Betty Schlicht

At the end of February we said our goodbyes to Betty Schlicht. In the words of Richard Stopol, Betty "will be greatly, greatly missed. I know I speak for everyone at NYC Outward Bound Schools when I say how much we appreciate all <Betty has> contributed to our organization, our community, and our students.



A touching note from Betty left on the board after her departure.

CALENDAR

Holidays

Friday, July 3
Independence Day Eve

Monday, September 7
Labor Day

Thursday & Friday, November 26 & 27
Thanksgiving & Black Friday

Thursday & Friday, December 24 & 25
Christmas Eve & Christmas

Monday, December 28
Day after Christmas

Thursday, December 31
New Year's Eve

Ever dream of seeing your name in lights?

**You can have your very own
By-Line or Column**
right here in the Outward Post!


**Impress your friends! Dazzle your colleagues!
Make a difference!**

The Outward Post is seeking contributors of all kinds.

Yeah, I know everyone is super busy with work...
but we are a creative group and I'm sure there
are tons of ideas out there just waiting to hit
the inboxes of everyone here at NYC Outward Bound Schools.

No idea is too big or too small.

If you would like to participate in the newsletter,
in any capacity whatsoever, please reach out
to me (Olga). It's lonely here at the top.



**"Some people look
for a beautiful
place. Others make
a place beautiful."**

—HAZRAT INAYAT KHAN



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SCHOOLS**

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